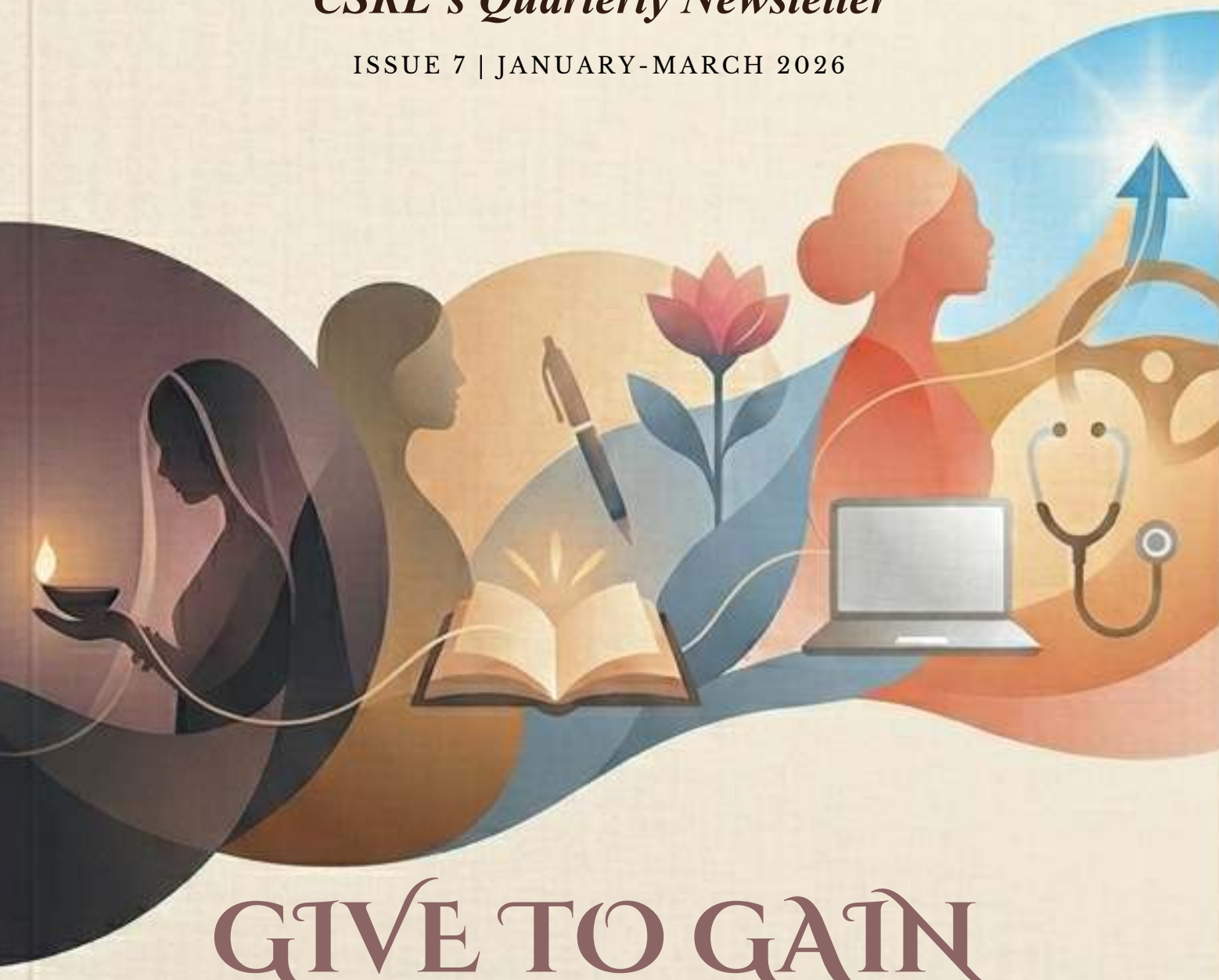
CSRL
TRANSFORMING LIVES

समृद्धि samriddhi

CSRL's Quarterly Newsletter

ISSUE 7 | JANUARY-MARCH 2026



GIVE TO GAIN

Empowering Women, Enriching Futures

समृद्धि

CSRL's Quarterly Newsletter

ISSUE 7
JANUARY- MARCH 2026

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Centre for Social Responsibility and Leadership (CSRL) is a registered society, founded in 2007, working for the betterment of society through education and skill development. Established under the visionary leadership of the Late Mr. S.K. Shahi, CSRL was created in response to the growing socio-economic inequalities in India, particularly impacting underprivileged communities. CSRL believes that education, discipline, and ethical leadership are the most powerful tools for social transformation. Through structured initiatives in the domain of Education and Skill Development, the organization works to bridge
opportunity gaps and nurture responsible, capable individuals who can contribute meaningfully to society.

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Dear Readers,



Every generation offers its own reminders that talent knows no gender. Think of Kalpana Chawla, looking at Earth from space, or Falguni Nayar, redefining what women in leadership look like. And closer to our hearts, think of the India women's national cricket team winning the World Cup and making nation proud. Different journeys and different fields, but one shared truth – gender is no barrier to excellence.

Yet every year, we pause to celebrate International Women's Day, and that pause invites reflection. For centuries, social systems and traditions have limited the opportunities available to women. Fortunately, this narrative is changing, with gender equality becoming a mass movement across the world.

At CSRL, empowerment is not a slogan; it is a way of life. Discrimination is a word we have consciously chosen to banish from our dictionary. For us, talent and potential—not gender—are the guiding principles, and this choice has truly paid rich dividends. We are grateful to our sponsors and partners who share this vision and actively support initiatives focused on women's empowerment, including centres dedicated entirely to girl students.

Perhaps the real question is no longer, whether women can lead. The real question is whether we, as a society, are ready to remove the barriers that still stand in their way. At CSRL, we are steadily moving in that direction.



Shri NK Bharali
Director General
CSRL

नारी, प्रेरणा और प्रगति

Penned by Mrs. Padma Shahi
Wife of Late Shri SK Shahi (Founder, CSRL)



CSRL के इस विशेषांक के लिए लिखते हुए अत्यंत संतोष और खुशी का अनुभव हो रहा है। यह अंक महिलाओं को समर्पित है और इसमें अनेक महिलाओं ने अपने विचार, अनुभव और लेखों के माध्यम से योगदान दिया है। ऐसे विविध अनुभवों और सीखों को एक साथ पढ़ना निश्चित ही समृद्ध करने वाला होता है। इस सुंदर पहल के लिए पूरी टीम को मेरी हार्दिक बधाई।

नारी के बारे में लिखना शब्दों में सीमित नहीं किया जा सकता—वह शक्ति है, संवेदना है, सृजन है और दिशा देने वाली प्रेरक शक्ति भी है। यदि हम अपने इतिहास और परंपरा की ओर देखें, तो नारी को सदैव शक्ति और मार्गदर्शन के रूप में देखा गया है। यही स्वरूप आज भी हमारे दैनिक जीवन में दिखाई देता है, जहाँ एक महिला अनेक भूमिकाएँ निभाते हुए परिवार और समाज को संबल प्रदान करती है।

जीवन के इस पड़ाव पर, एक बेटी, बहन, पत्नी, बहू, माँ और नानी—इन सभी भूमिकाओं को जीने का अवसर मिला है। हर रिश्ते ने बहुत कुछ सिखाया है, और यही सीख मेरी सोच और दृष्टिकोण की नींव बनी। मेरी परवरिश एक ऐसे परिवार में हुई जहाँ सात बहनें और एक भाई थे, और उस समय भी शिक्षा और संस्कारों को अत्यंत महत्व दिया जाता था। वहीं से यह समझ विकसित हुई कि सीखना केवल अपने लिए नहीं, बल्कि अपने विचारों को विकसित करने, सही और गलत को समझने तथा समाज और देश के प्रति अपनी जिम्मेदारियों को निभाने के लिए भी आवश्यक है।

जैसा कि सुधा मूर्ति ने कहा है, "Knowledge gives you confidence, and confidence empowers you." यही बात मैंने जीवन में अनुभव की है और यही सीख आगे बढ़ाने का प्रयास भी रहा है—कि सीखना निरंतर बना रहे और सोच स्पष्ट हो।

आज जब मैं अपनी तीन बेटियों और पाँच नातिनों को आगे बढ़ते हुए देखती हूँ, तो मन गर्व से भर जाता है। बेटियों को लेकर समाज की कुछ अनकही सोच और दबाव कई बार महसूस हुए, लेकिन उन्हें अपने निर्णयों को प्रभावित नहीं करने दिया। मेरा ध्यान हमेशा उन्हें शिक्षित करने और आगे बढ़ाने पर रहा, ताकि वे अपने पैरों पर खड़ी हो सकें और अपने निर्णय स्वयं ले सकें।



जीवन में एक समर्पित पत्नी की भूमिका निभाते हुए भी मैंने अपने विचार सदैव स्पष्ट रूप से रखे। मुझे इस बात का गर्व है कि स्वर्गीय श्री एस.के. शाही ने उन विचारों को सुना, उनका सम्मान किया और जहाँ आवश्यक हुआ, उन्हें महत्व भी दिया। यही आपसी सम्मान किसी भी परिवार की वास्तविक शक्ति होता है।



हमेशा यह विश्वास रहा है कि एक महिला का सबसे सुंदर आभूषण उसके संस्कार और उसका चरित्र होता है। यही वह पूँजी है जो बेटियों को दी जानी चाहिए, और हर माता-पिता के लिए यही सबसे सच्चा "दहेज" होना चाहिए।

आवश्यकता इस बात की है कि बेटियों और बेटों दोनों को समान सोच के साथ आगे बढ़ाया जाए —जहाँ वे एक-दूसरे का सम्मान करें, एक-दूसरे को सशक्त बनाएं, न कि प्रतिस्पर्धा करें। समाज रूपी रथ दो पहियों पर चलता है, और दोनों का संतुलन तथा एक ही दिशा में आगे बढ़ना ही उसकी वास्तविक मजबूती है।



GIVE TO GAIN



Ms. Monika Gupta
Founder, Montavaya Consultants OPC Private Ltd.

It is 2026, and women empowerment remains an agenda, not a norm. Year after year, we discuss the opportunities and support women still miss out on—at work and in personal life. True progress happens when we uplift each other, sharing knowledge and opportunities to multiply our collective strength. Fittingly, this year's International Women's Day theme —"Women Empowerment: Give to Gain"— captures the essence of building a support system. Better still if such systems are created for the women by the women.

Why should women encourage other women, both at workplaces and home? By mentoring and supporting peers, we break cycles of competition.Guidance by senior women leaders fosters confidence and support by women colleagues leads to collaboration which in turn accelerates everyone's growth. Hence, gradually but surely outdated norms are challenged to make the way for a more inclusive future.

At home, it builds resilient families where daughters learn ambition from mothers and sisters, creating a ripple effect across generations. In workplaces, it dismantles isolation, turns rivals into allies who then amplify successes, share the load and rejoice in each other’s wins.

It has long been acceptable for men to challenge one another in boardrooms, or mingle freely for work or leisure. Women, however, are often judged for expressing the very same strong yet natural emotions and instincts that men are allowed to display without question. They are often mocked for joining kitty parties or even voicing their views at work. Our society has often pitted women against one another.

But in my opinion, women have always supported other women. A closer look at our society makes this clear. Women in my generation, those born in the 1970s and 1980s, were encouraged by our mothers to study well and build careers.

Yet after marriage, many of us were still expected to give up our jobs if the location or conditions did not suit our husbands or their families. Today, our daughters have more choices. They can pursue both careers and marriage, and no longer face an "either-or" dilemma, though achieving work-life balance remains challenging.

However, this shift took immense effort to change societal mindsets. It became possible because today's mothers, who were given the chance to study but not fully pursue careers, kept pushing forward. Their mothers, many of whom never completed formal schooling, laid the foundation before them. This is the pattern: women have always encouraged other women to grow, despite the popular misconception, often shaped by men, that "a woman is a woman's enemy."

My own story proves this. After years in various organizations and roles, I registered my company in 2019. Then came G**AIL Abha, an initiative by GAIL for entrepreneurship development amongst the spouses of GAIL employees.** The program gave me a community of like-minded women professionals and entrepreneurs. Their company energized my startup efforts.

During the Abha programme I got a chance to interact with other women leaders. Their experiences and success stories motivated me. Without a fraternity or stable environment, women entrepreneurs like me often learn critical skills the hard way—or not at all. We must stay self-motivated, facing pressures and pain in isolation. The programme propelled me to work harder and smarter.



My mentors, successful women leaders and industry experts, offered practical wisdom on stabilizing and expanding my business.

This journey has reaffirmed my belief that women rise stronger when they support one another. Every encouraging word, every shared experience, and every guiding hand can create lasting change—not just for one woman, but for many. If we continue to uplift, mentor, and empower one another, we will not only challenge old mindsets but also build a future where women's growth is seen as natural, necessary, and unstoppable.



Dr. Rekha Udit Tiwari Shandilya

Chairperson, Women International Network (WIN)

Dr. Rekha Udit Tiwari Shandilya is a distinguished **academician**, **social reformer**, and **visionary leader** with over thirty years of experience in education, research, and community development. Holding advanced qualifications in Botany, Ecology and Environment, Education, and M.Phil. and currently completed her doctoral work on the interface between skill and spirituality, she brings a unique interdisciplinary approach to nation-building. Her most significant contribution lies in promoting **skill development in rural India**, where she has actively designed and implemented training programs to enhance employability, entrepreneurship, and self-reliance among marginalized communities. With a strong focus on green energy initiatives in **Ayodhya**, she advocates sustainable development through renewable energy awareness, eco-friendly practices, and community participation, aligning economic growth with environmental responsibility.

As **Chairperson of the Women International Network (WIN)**, she has spearheaded initiatives to empower women and youth through education, skill-building, and leadership development. Her efforts extend to promoting spiritual tourism in Ayodhya, positioning it as a global hub that connects cultural heritage with economic opportunity. This approach not only fosters international engagement but also generates livelihood opportunities for local communities, especially women.

She promotes geriatric care project in rural Ayodhya by connecting local and global youth with senior citizens, guided by the philosophy of Vasudhaiva Kutumbakam (the world is one family). This initiative fosters emotional wellbeing, intergenerational bonding, cultural exchange and inclusive support systems, ultimately enhancing the rural happiness index and social harmony. Focus is spiritual tourism with a purpose. She has also contributed to policy dialogue, international collaborations and academic publications across diverse fields including environment, disaster management and sustainable development.

Her vision integrates spirituality, skill and sustainability to address global challenges, aiming to build a self-reliant, empowered and environmentally conscious society while strengthening India's role in global development.

Growing with CSRL: A Journey of Purpose

*I am **Sukanya Bharadwaj**, and my journey with CSRL has been one of growth, resilience, and purpose. Over the years, I have evolved alongside the organization, finding not just a career, but a meaningful identity.*



A Journey with CSRL

CSRL has been a strong advocate for women's empowerment, especially in enabling young girls to pursue education in STEM. I have witnessed how it transforms lives by building confidence and opening opportunities for those who need them most. Equally important is the environment it creates for its women professionals—one that is respectful, inclusive, and supportive.

For me, CSRL is more than a workplace—it is a purpose

I joined CSRL in 2012 as a Project Manager, when the organization had only a few projects. Today, it has expanded across India, impacting thousands of students.



From a Young Professional to a Leader

With the guidance of mentors and the trust placed in me, I grew into leadership roles. Leading the Oil Pragyan Super 30, Jorhat project has been especially fulfilling, demonstrating that even a small city can nurture exceptional talent. Today, our students are excelling as engineers, doctors, and civil servants.

Under my leadership, Oil Pragyan Super 30, Jorhat became a beacon of hope in Assam, proving that a small city can nurture extraordinary talent. Today, our students are excelling as engineers, doctors, and civil servants, making meaningful contributions to society.

BALANCING CAREER, MARRIAGE, AND MOTHERHOOD

In 2015, I got married, and my family became a strong pillar of support, reinforcing that a woman's career should never be a compromise.

In 2018, I embraced motherhood, a rewarding yet demanding phase. CSRL stood by me like a family, ensuring I felt supported at every step. Even after returning to work, I was able to balance responsibilities with confidence, thanks to a supportive team and work environment.

CSRL: More Than a Job, A Passion

From Project Manager to Deputy General Manager, my journey has been one of continuous growth. For me, CSRL is not just a job; it is a purpose. It is about transforming lives, nurturing dreams, and contributing to something meaningful. What matters most is not just professional success, but the respect, relationships, and impact created along the way. CSRL has shaped me into the person I am today.



A MESSAGE TO WOMEN EVERYWHERE

To every woman, within CSRL and beyond, I encourage you to believe in your potential, embrace challenges, and uplift others. True empowerment lies in growing together.

People may come and go, but good deeds and the lives we touch will always be remembered.

A Beacon of Strength and Empowerment

CHEKHA MONI NARAH
WARDEN
OIL PRAGYAN SUPER 30,
ITANAGAR

In the heart of Garchiga Village in Naobaicha, nestled in Assam's Lakhimpur district, a young woman embarked on a journey of resilience and transformation. Chekha Moni Narah, born into a modest family with a widowed mother, two elder brothers pursuing their studies, and three sisters, two of whom are married, took on the mantle of being the family's sole provider. Despite the weight of responsibilities, she refused to be shackled by circumstances, instead choosing the path of perseverance and self-reliance.



Her association with CSRL began in 2018, not in a high-ranking position, but as a cleaner. Many would have seen it as a mere job, but for Chekha, it was the first step toward something greater. Day after day, she worked diligently, ensuring the smooth functioning of the facility. But her dedication did not go unnoticed.

RISING AGAINST THE ODDS

In 2022, after four years of tireless service, Chekha was offered the role of Girls' Warden at Oil Pragyan Super 30, Itanagar. It was more than just a promotion, it was a testament to her perseverance and potential. The responsibilities were enormous, but she embraced them with confidence. Over the past three years, she has been a guardian, mentor, and sister to the young girls under her care, ensuring not just their safety but also their emotional and personal growth.

Her journey is a living example of women's empowerment in its truest form. She did not have financial backing, social privilege, or even a traditional support system. What she did have was determination, a willingness to learn, and a heart full of responsibility for her family and the students she now cares for.

A ROLE MODEL FOR MANY

Today, Chekha Moni Narah stands tall as a beacon of hope, not just for her family but for every girl who believes that change is possible. Her seven years of service at CSRL reflect the essence of empowerment, rising through dedication, breaking barriers, and setting an example for others.

Dreams, Dedication, and a Call for Change

Dr. Barsha Rani Borah
Alumnus,
Oil Pragyan Super 30, Jorhat
(Batch 2018–19)
CHC Uluoni

As a child, I always dreamed of becoming a doctor. I was inspired by the dedication of those who work tirelessly to save lives. As A. P. J. Abdul Kalam said, "Dream, dream, dream. Dreams transform into thoughts and thoughts result in action." That belief guided my journey.

As a healthcare professional, I am deeply inspired by my female colleagues whose dedication and empathy form the backbone of patient care. From doctors and nurses to researchers and support staff, women bring compassion and strength that enrich the medical field.



During my Obstetrics and Gynaecology posting, I witnessed a difficult reality—continued preference for a male child. Some mothers expressed disappointment on learning the gender of their baby, despite being cared for by women doctors. This left a lasting impact on me and highlighted the need for deeper societal change.

While India continues to progress, gender equality remains a work in progress. Women's day reminds us to advocate for equal opportunities in healthcare, support women's leadership, and address health challenges that uniquely affect women.

Let us celebrate, support, and uplift one another as we work towards a more equitable and compassionate world.



Transforming Threads into Tales



What begins as discarded fabric, in the hands of empowered women, transforms into not just beautiful creations, but livelihoods, confidence, and renewed purpose.

Ranjan Sirohi
Founder & Designer
Curative Creations
Sustainable Fashion | Women's Economic Empowerment

In many households, fabric scraps are quietly discarded as waste. Yet in the hands of skilled women, these same pieces can become symbols of creativity, dignity, and economic independence. My journey as an entrepreneur has been guided by a simple belief—that sustainability and women's empowerment can come together to create meaningful change.

Through Curative Creations, I work at the intersection of sustainable fashion, circular design, and women's economic empowerment.

Over the years, I have had the opportunity to work with rural artisans and families of soldiers, helping them transform textile waste into beautiful and functional handcrafted products.

What begins as discarded fabric evolves into fashion accessories, lifestyle products, and thoughtful everyday items. More importantly, it becomes a pathway for women to rediscover their creativity, confidence, and financial independence while working from the comfort of their homes.

At its core, this work is about more than sustainability, it is about creating systems where people, creativity, and the environment thrive together. When women are provided with the right skills and opportunities, their impact extends far beyond individual livelihoods, strengthening families and communities.

"Empowering women with skills and opportunity does more than create livelihoods—it creates resilient communities and a more sustainable future."

When women are empowered to create, every thread they touch becomes a story of resilience, sustainability, and hope.

MOMENTS & CELEBRATIONS



















Felicitation Program
Jorhat & Tezpur School Projects

Jorhat, 12th January 2026 : A Felicitation Program was organized to honor the students of our Jorhat and Tezpur School Projects under the **Bixoxito Jibon Parikalpana Scheme** in association with **ASYC, Govt. of Assam.** The event celebrated academic excellence, dedication, and overall progress of students.











Celebrating 18th Foundation Day

New Delhi, January 15: CSRL recently marked its 18th Foundation Day, an occasion that was less about celebration and more about reflection on a journey built with purpose, perseverance, and people. It was a moment to honor the vision of our founder, Late Shri S.K. Shahi, with deep respect, and to express heartfelt gratitude to all those who have contributed to strengthening this mission over the years.





We were privileged to have Mr. Ayush Gupta, Director (HR), GAIL (India) Limited, as the Chief Guest. His words acknowledged the enduring partnership between GAIL and CSRL , a collaboration that has touched and transformed thousands of lives and continues to create meaningful impact.

The presence of our esteemed Board Members added immense value to the occasion. Their continued guidance, trust, and support have played a vital role in shaping CSRL's journey and sustaining its vision.

The celebration was brought to life by vibrant cultural performances by the children of CSRL employees. Their enthusiasm and confidence reflected the joy and hope that lie at the heart of the organisation.

A significant highlight of the evening was the launch of the Transformational Index, CSRL's annual publication that captures inspiring journeys of students who have overcome challenges with determination and resilience. These stories stand as a testament to the transformative power of education.

India Energy Week 2026



A Promising Beginning

In January, CSRL marked a strong presence at India Energy Week 2026. We were privileged to have Dr. Ankur Baruah, Director–HR, OIL India Limited, inaugurate our stand. His encouraging words set the tone for our participation and reinforced the value of meaningful partnerships.

We extend our sincere thanks to the Federation of Indian Petroleum Industry for providing us this platform to share our work and vision.

Meaningful Dialogues

The days that followed brought enriching interactions and meaningful conversations. We were honoured to host senior representatives from GAIL, BPCL, IOCL, and BSES. Their insights encouraged thoughtful reflection and reinforced the value of collaboration in driving sustainable change. These engagements went beyond formal discussions, evolving into shared perspectives on impact, responsibility, and the future we collectively aspire to build.

Our stand also became a space for global connection. Welcoming international visitors and sharing CSRL's journey highlighted how purpose-driven work resonates across boundaries. These interactions reaffirmed our belief that when efforts are rooted in compassion and intent, they find meaning beyond geography.



Stories Behind the Stand

At the heart of our presence were our students. While they could not be with us in person, as they were preparing for important academic milestones, their spirit was deeply felt. The handmade bookmarks showcased at our stand were more than simple tokens—they reflected their journeys. Each piece carried stories of resilience, of early mornings and late nights, and of determination through uncertainty. These bookmarks stood as quiet yet powerful reminders of how far our students have come and the strength with which they continue to pursue their dreams.






TRANSFORMING LIVES











A CELEBRATION OF SPIRIT AND SPORTSMANSHIP

IIT Delhi, New Delhi 20 February: The CSRL Premier League (CPL) 2026 commenced on 20th February 2026 in an atmosphere filled with enthusiasm, energy, and true sportsmanship.

The tournament was inaugurated by **Mr. Deepak Kumar, Dean – Diversity & Inclusivity, Indian Institute of Technology, Delhi,** marking a spirited beginning to what would become a memorable season. Our **Director General, Shri Nripendra Kumar Bharali,** graced the occasion, encouraging the players and adding to the significance of the event.



We were also delighted to have Dr. Vikas Nimesh, Assistant Professor, School of Public Policy, IIT Delhi, and a proud alumnus of CSRL Super 30, whose continued support made the occasion even more special, a true full-circle moment. What began as a vision to bring students together through cricket has evolved into a vibrant platform celebrating teamwork, discipline, and healthy competition. The tournament concluded on a high note, celebrating not just victories, but the spirit of resilience and camaraderie that defined every match.

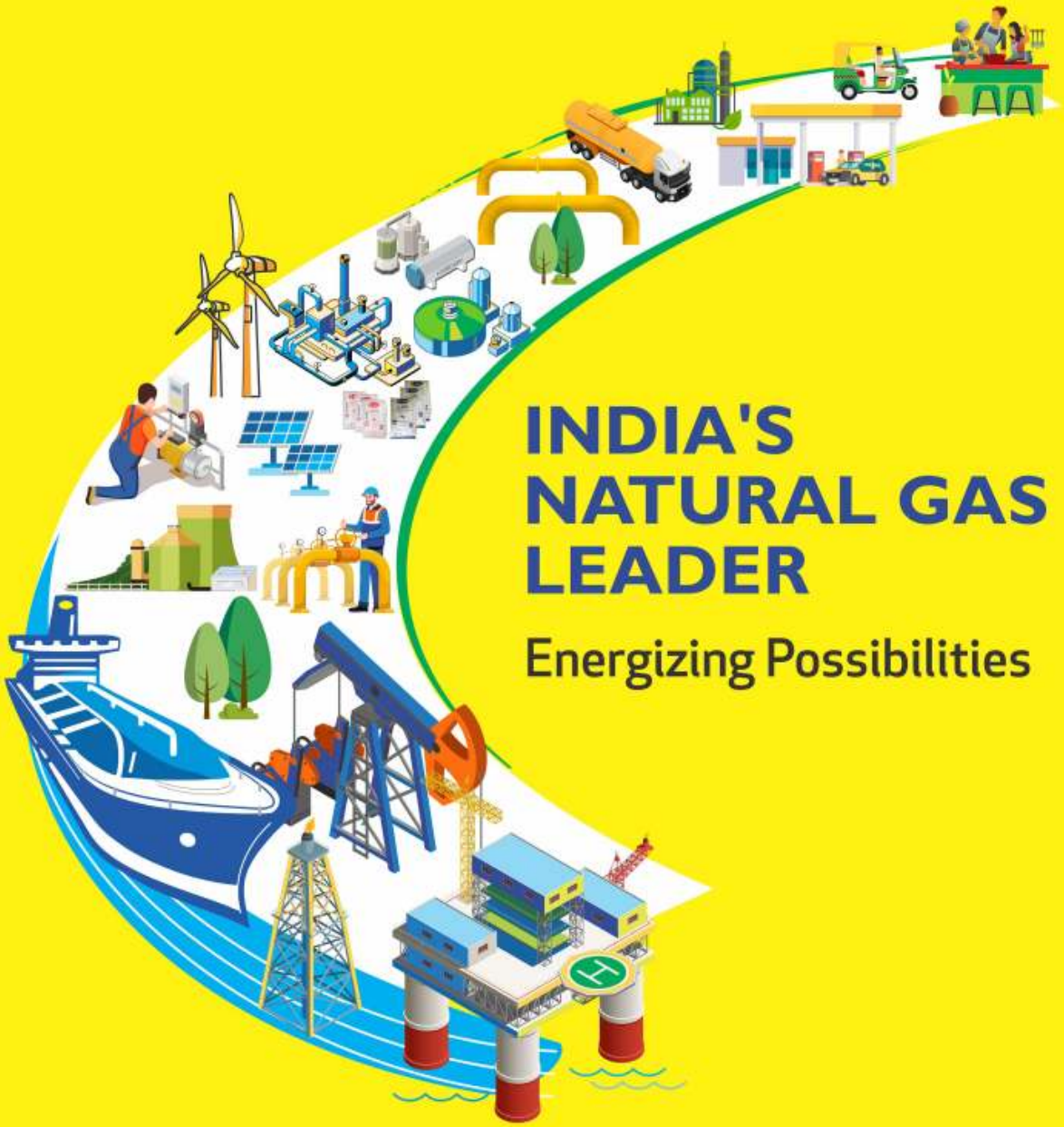


Champions: Responsible Rangers



The closing ceremony was graced by Mrs. Padma Shahi, Mr. Anurag Krishna (Veteran, TCS) & Mr. Krishnamurti Singh (Dir Ops, CSRL) whose presence added to the pride of the occasion.

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Mr. Krishnamurti Singh, Director – Operations, CSRL featured in

Top 50 CSR POWERLIST





Mr. Krishnamurti Singh
Director - Operations Cum Treasurer, Centre for Social Responsibility and Leadership (CSRL)

Mr. Krishnamurti Singh is the Director–Operations and Treasurer at CSRL and a founding member who conceived and established the Centre for Social Responsibility and Leadership. With over two decades of experience in operations, governance, and CSR project execution, he has been instrumental in strengthening CSRL's residential education model and ensuring quality implementation across centres. He leads a vast organisation comprising over 300 employees across 14 states of the country, overseeing operations, financial governance, and stakeholder coordination. His leadership contributes significantly to student welfare, organisational stability, and long-term sustainability. He has also participated in various national-level conferences and CSR partnership platforms.

A well-deserved recognition of leadership, vision, and commitment.



Mr. Krishnamurti Singh (Director- Operations) Ms. Suknaya Bharadwaj, DGM CSRL with **Shri Taranga Gogoi, Chairman of ASYC (Assam State Youth Commission).**



Mr. Krishnamurti Singh (Director- Operations) with **Shri Manoj Sinha, Hon'ble Lieutenant Governor of Jammu & Kashmir.**

There is a word in the English language in which the first two letters signify a male, the first three letters signify a female, the first four signify a great man, and the whole word, a great woman. What is the word?

_____

WORD FLOWER



From the given letters, find as many words as possible. The central letter must be included in each word once. You can use the other letters as many times as you wish. Special points for finding a pangram—that is, a word that uses all the letters.

Jumbled Words

Given below are four jumbled words. Solve the jumbles to make proper words and then move them to respective circles below. Select the lletters in the shaded circles and jumble them to get the answer for the given quip.

Attention to __ is the __'s greatest hindrance.- Plato (6,.,5)

LTAEE



ARTHLL



EILSFH



TSJOI



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Moms Know Best

My beautiful 91-year-old mother, who has dementia, often says nonsensical things. Every now and then, though, we get a complete and clear sentence out of her. While feeding her lunch recently, Mom looked me in the eye and said, "Please learn how to cook."

– Elizabeth Twolan, Kemptville, Ont

Courtesy: RD/Canada.

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